

## Curriculum

Module of classes (class or group of classes)	Number of			total	including			Distribution of classes in a semester																							
	exams	credits	ECTS credits		L	CI	P/S	sem. I					sem. II					sem. III					sem. IV								
								Number of hours																							
								L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS
<b>General</b>																															
Monographic Lecture		2	4	50	50																										
Statistics in Physical Culture Sciences		2	4	50	25	25							25	2	25	2										25	2				
Diploma Seminar	1	2	4	50		50																					30	3			
Practice – voluntary service		1	4	50		50																									
Pro-seminar		1	1	15	5	10					5			10	1																
Theory of Physical Culture		1	1	15	10	5					10			5	1																
Management in Physical Culture		2	2	25	15	10																				15	1	10	1		
<b>Biological sciences</b>																															
Anatomy and Anthropology		2	1	15	15						15	1																			
Physiology of Sport		1	2	25	15	10					15	1	10	1																	
Biochemistry – Adaptation to Effort	1	2	2	25	15	10					15	1	10	1																	
Biomechanics of Loads		1	2	25	15	10					15	1	10	1																	
<b>Social sciences and humanities</b>																															
Philosophy and Ethics in Physical Culture	1	1	2	25	15	10					15	1	10	1																	
Sports Policy		1	1	15	10	5					10	1	5																		
Sociology of Sport		1	2	25	25						25	2																			
Psychology of Sport		1	1	15	15																										
Negotiations and Mediations		1	1	15	5	10																									
<b>Skills</b>																															
Elective sports		4	15	190		190																					40	3			
<b>Field (identity)</b>																															
Monitoring of the Training Process	1	1	3	35	15	20																									
Psychology of Stress and Psychoregulation		2	3	35	15	20																									
Theory of Training	1	1	3	40	25	15																									
Sport for the Disabled		1	1	15	5	10																									
Sports Medicine		1	1	15	5	10																									
<b>Field specialisation</b>	1	7	<b>40</b>	500	100	400					25	2	100	8												<b>25</b>	<b>2</b>	100	8		
<b>Specialisation (to choose)</b>		4	<b>20</b>	250	50	200																				25	2	100	8		
<b>Summary</b>																															
	exams	credits	ECTS credits	Total	L	CI	S	sem. I					sem. II					sem. III					sem. IV								
	6	43	120	1520	450	1070		L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS
								150	10	210	19	0	0	135	11	260	20	0	0	75	6	320	24	0	0	90	7	280	23	0	0
					ECTS credits				29					31					30					30							

L - lecture  
 CI - class  
 S - seminar