

## Curriculum

FACULTY OF PHYSICAL EDUCATION Gdansk University of Physical Education and Sport in GDANSK	Curriculum																														
	Field of studies: Sport Level of education: second (graduate programme) Profile of education: practical Mode of studies: full time																														
	Module of classes (class or group of classes)	Number of			Distribution of classes in a semester																										
		exams	credits	ECTS credits	total	including			sem. I						sem. II						sem. III						sem. IV				
L						CI	P/S	Number of hours																							
				L	CI	P/S	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	
<b>General</b>																															
Monographic Lecture		2	4	50	50														25	2						25	2				
Statistics in Physical Culture Sciences		2	4	50	25	25							25	2	25	2															
Diploma Seminar	1	2	4	50		50																						30	3		
Practice – voluntary service		1	4	50		50																									
Pro-seminar		1	1	15	5	10					5		10	1																	
Theory of Physical Culture		1	1	15	10	5					10		5	1																	
Management in Physical Culture		2	2	25	15	10																				15	1	10	1		
<b>Biological sciences</b>																															
Anatomy and Anthropology		2	1	15	15						15	1																			
Physiology of Sport		1	2	25	15	10					15	1	10	1																	
Biochemistry – Adaptation to Effort	1	2	2	25	15	10					15	1	10	1																	
Biomechanics of Loads		1	2	25	15	10					15	1	10	1																	
<b>Social sciences and humanities</b>																															
Philosophy and Ethics in Physical Culture	1	1	2	25	15	10					15	1	10	1																	
Sports Policy		1	1	15	10	5					10	1	5																		
Sociology of Sport		1	2	25	25						25	2																			
Psychology of Sport		1	1	15	15										15	1															
Negotiations and Mediations		1	1	15	5	10								5		10	1														
<b>Skills</b>																															
Elective sports		4	15	190		190										50	4					50	3					40	3		
<b>Field (identity)</b>																															
Monitoring of the Training Process	1	1	3	35	15	20								15	1	20	2														
Psychology of Stress and Psychoregulation		2	3	35	15	20								15	1	20	2														
Theory of Training	1	1	3	40	25	15								25	2	15	1														
Sport for the Disabled		1	1	15	5	10								5	1	10															
Sports Medicine		1	1	15	5	10								5	1	10															
<b>Field specialisation</b>	1	7	<b>40</b>	500	100	400					25	2	100	8							25	2	100	8		<b>25</b>	<b>2</b>	100	8		
<b>Specialisation (to choose)</b>		4	<b>20</b>	250	50	200															25	2	100	8		25	2	100	8		
<b>Summary</b>																															
	exams	credits	ECTS credits	Total	L	CI	S	sem. I						sem. II						sem. III						sem. IV					
								L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS	L	ECTS	CI	ECTS	S	ECTS
	<b>6</b>	<b>43</b>	<b>120</b>	<b>1520</b>	<b>450</b>	<b>1070</b>		150	10	210	19	0	0	135	11	260	20	0	0	75	6	320	24	0	0	90	7	280	23	0	0
					ECTS credits			29						31						30						30					

L - lecture  
CI - class  
S - seminar